



January 2023

VETERANS HEALTH CARE

VA Actions Needed to Ensure Timely Scheduling of Specialty Care Appointments

GAO Highlights

Highlights of [GAO-23-105617](#), a report to congressional committees

Why GAO Did This Study

VHA operates the largest health care delivery system in the United States, providing health care to 6.4 million veterans in fiscal year 2021. In the last decade, Congress has taken steps to expand the ability for eligible veterans to receive care from community providers, such as when they cannot access care in a timely manner from VHA directly. GAO and others have previously identified challenges VHA has had in scheduling appointments in a timely manner. The Johnny Isakson and David P. Roe, M.D. Veterans Health Care and Benefits Improvement Act of 2020 included requirements for VHA related to appointment scheduling and related oversight and training. It also includes a provision for GAO to review VHA's efforts.

This report, among other objectives, describes VHA's updated specialty care scheduling process; examines VHA's scheduling timeliness standards; and examines VHA's efforts to provide training on the updated scheduling process. GAO reviewed VHA documentation on the scheduling process and scheduling timeliness data for the third quarter of fiscal year 2022, the most recent data available. GAO also interviewed VHA officials and officials at six VA medical centers that were randomly selected based on facility complexity and geography.

What GAO Recommends

GAO is making three recommendations, including that VHA conduct a comprehensive analysis of scheduling timeliness data from all VA medical centers and require training. VA concurred with the recommendations and identified steps it would take to implement them.

View [GAO-23-105617](#). For more information, contact Sharon M. Silas at (202) 512-7114 or SilasS@gao.gov.

January 2023

VETERANS HEALTH CARE

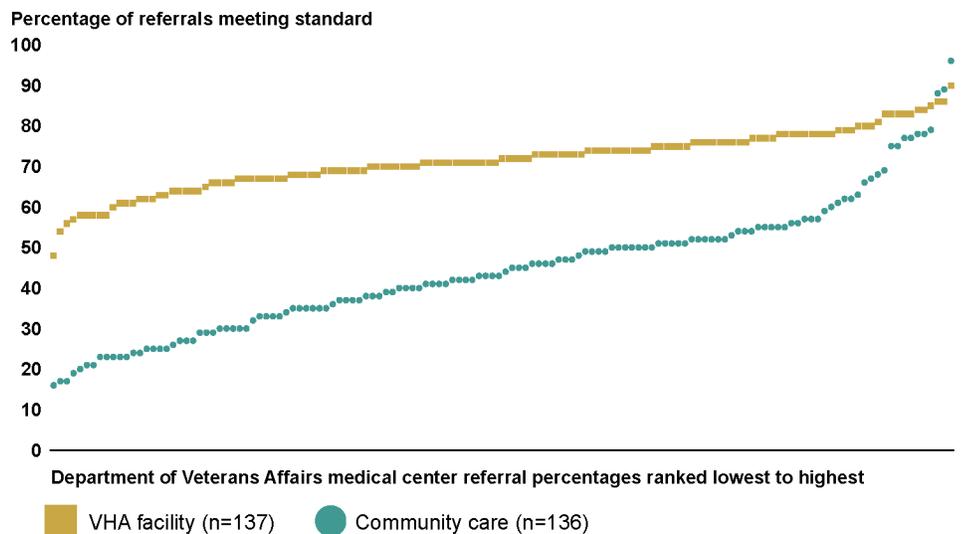
VA Actions Needed to Ensure Timely Scheduling of Specialty Care Appointments

What GAO Found

The Veterans Health Administration (VHA) updated its process for scheduling specialty care appointments in 2020. This included both appointments at VHA facilities and with providers in the community. Under VHA's updated process, referral coordination teams at each VA medical center review referrals for specialty care, such as mental health treatment or cardiology, and discuss care options with veterans.

According to the timeliness standards that VHA has established for specialty care appointment scheduling, appointments at VHA facilities must be scheduled within 3 business days from the date a VHA provider enters a referral and community care appointments must be scheduled within 7 days. VHA data from the third quarter of fiscal year 2022 indicate that VA medical centers performed better scheduling timely referrals for VHA facility appointments than community care. VHA officials said they are considering reexamining the community care standard. VHA's limited analysis on scheduling timeliness that VHA officials conducted in 2021 lacked information for the current standard. Conducting a comprehensive analysis of scheduling timeliness data from all VA medical centers could help VHA determine whether the community care standard is achievable or adjustments to the standard or scheduling process are needed.

Percentage of Referrals Meeting Timeliness Standards by Veterans Affairs Medical Center, Third Quarter Fiscal Year 2022



Source: GAO analysis of Veterans Health Administration (VHA) data. | GAO-23-105617

In May 2022, VHA developed training materials on the updated scheduling process for both the providers who enter referrals and those who review them for the referral coordination team. However, VHA does not require this training. Doing so would help ensure that providers have the information needed to perform their duties and help ensure veterans' timely access to care.

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Abbreviations

Isakson-Roe Act	Johnny Isakson and David P. Roe, M.D. Veterans Health Care and Benefits Improvement Act of 2020
RCT	Referral Coordination Team
VA	Department of Veterans Affairs
VAMC	Department of Veterans Affairs medical center
VHA	Veterans Health Administration
VISN	Veterans Integrated Service Network

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January 4, 2023

Chair
Ranking Member
Committee on Veterans' Affairs
United States Senate

Chair
Ranking Member
Committee on Veterans' Affairs
House of Representatives

The Veterans Health Administration (VHA) within the Department of Veterans Affairs (VA) operates the largest health care delivery system in the United States, providing health care to approximately 6.4 million veterans in fiscal year 2021.¹ In the last decade, Congress has taken steps to expand the ability for eligible veterans to receive care from community providers when they face challenges accessing care at VHA medical facilities; these steps include establishing the Veterans Community Care Program in 2019.² While most veterans still receive the majority of their care at VHA facilities, including 170 VA medical centers (VAMC) and over 1,000 outpatient facilities, approximately 2 million

¹This includes veterans treated by VHA or whose treatment is paid for by VHA.

²In August 2014, after several well-publicized events highlighted serious and long-standing issues with veterans' access to care, Congress enacted the Veterans Access, Choice, and Accountability Act of 2014. Among other things, the law established a temporary program—called the Veterans Choice Program—and provided up to \$10 billion in funding for veterans to obtain health care services from community providers when they faced long wait times, lengthy travel distances, or other challenges accessing care at VHA facilities. Pub. L. No. 113-146, tit. I, §§ 101, 802(d), 128 Stat. 1754, 1755-1765, 1802-1803 (2014).

In 2019, the Veterans Community Care Program replaced the Veterans Choice Program and consolidated other existing community care programs. The VA MISSION Act of 2018 (VA MISSION Act) broadened veterans' eligibility to receive care outside of the VA health care system under this program. Pub. L. No. 115-182, tit. I, §101, 132 Stat. 1393, 1395 (2018).

veterans received care from non-VHA providers in the community in fiscal year 2021, according to VA.³

In recent years, we and others have identified challenges that VHA has had ensuring that both VHA facility and community care appointments are scheduled in a timely manner and overseeing its scheduling process.⁴ For example, in 2018, we found that VHA's appointment scheduling process for care from community providers was structured in a way that could make it difficult for VHA to meet the statutorily required time frames for veterans to receive care. This required time frame specified the number of days it should take for a veteran to receive care under the Veterans Choice Program—the precursor to the current community care program.⁵ We recommended that VHA establish an achievable wait-time goal for the new community care program to monitor whether wait times for veterans to receive care in the community are comparable with those at VHA

³For the purposes of this report, we use “VHA facility” to refer to care provided by VHA providers at VAMCs and other VHA facilities, and we refer to care provided by community providers through the Veterans Community Care Program as “community care”.

⁴See the full list of related GAO products at the end of this report. The VA Office of Inspector General has also reported on VHA's appointment scheduling challenges. For example, see VA Office of the Inspector General, *Veterans Health Administration, Audit of Community Care Consults During COVID-19*, Report No. 21-00497-46 (Washington, D.C.: Jan. 19, 2022) and *Veterans Health Administration, Improvements Are Needed in the Community Care Consult Process at VISN 8 Facilities*, Report No. 18-05121-36 (Washington, D.C.: Jan. 16, 2020).

⁵Under the Veterans Choice Program, the required timeframe provided that eligible veterans receive Veterans Choice Program care no more than 30 days from the date an appointment was deemed clinically appropriate by a VHA clinician (referred to as the clinically indicated date), or if no such determination had been made, 30 days from the date the veteran preferred to receive care. See GAO, *Veterans Choice Program: Improvements Needed to Address Access-Related Challenges as VA Plans Consolidation of its Community Care Programs*, [GAO-18-281](#) (Washington, D.C.: June 4, 2018).

facilities.⁶ Due to this concern with wait times and other issues, VHA health care continues to be on our High Risk List.⁷

One reason veterans may be eligible for community care is that services they need are not available at a VHA facility or in a timely manner, including appointments for specialty care.⁸ In 2020, VHA updated its process for scheduling specialty care appointments at VHA facilities and in the community.⁹ To further improve VHA's process to schedule veterans' appointments for care at VAMCs and in the community, the Johnny Isakson and David P. Roe, M.D. Veterans Health Care and Benefits Improvement Act of 2020 (Isakson-Roe Act) was enacted on January 5, 2021.¹⁰ The Act included requirements for VA related to its appointment scheduling process for VHA facilities and community care and oversight of and training on that process. It also included a provision for us to review VHA's efforts to address those requirements.¹¹ This report

1. describes VHA's updated appointment scheduling process for specialty care provided at VHA facilities and through community providers;
2. examines VHA's appointment scheduling timeliness standards for specialty care;

⁶In 2020, we also suggested that Congress take action to address this issue by requiring VA to establish an overall wait-time performance measure for community care. See GAO, *Veterans Community Care Program: Improvements Needed to Help Ensure Timely Access to Care*, [GAO-20-643](#) (Washington, D.C.: Sept. 28, 2020).

⁷GAO maintains a high-risk program to focus attention on government operations that it identifies as high risk due to their greater vulnerabilities to fraud, waste, abuse, and mismanagement or the need for transformation to address economy, efficiency, or effectiveness challenges. We added VA health care to the High Risk List in 2015. See GAO, *High-Risk Series: Dedicated Leadership Needed to Address Limited Progress in Most High-Risk Areas*, [GAO-21-119SP](#) (Washington, D.C.: Mar. 2, 2021).

⁸While primary care addresses patients' routine health needs, specialty care involves specific services such as cardiology or physical therapy, among others.

⁹Specifically, VHA updated its process for scheduling primary care, mental health, and specialty care referrals. A referral is a request for clinical services on behalf of a veteran that is entered into VHA's electronic health record system by a VHA provider. According to VHA officials, referrals for primary care account for only a small portion of referrals. For the purposes of this report, we refer to the updated scheduling process as the specialty care appointment scheduling process, which also encompasses mental health.

¹⁰Pub. L. No. 116-315, 134 Stat. 4932 (2021).

¹¹Pub. L. No. 116-315, tit. III, § 3101(d), 134 Stat. at 4999-5001 (2021).

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3. examines how VHA oversees VAMCs to help ensure adherence to these scheduling timeliness standards; and
 4. examines VHA's efforts to provide training on the updated scheduling process.

For all four objectives, we reviewed relevant VHA documentation detailing requirements, roles, and responsibilities for the VHA facility and community care appointment scheduling process, and VHA's oversight of and training on the process. For the purposes of this report, we focused on the appointment scheduling process for VHA facility and community care specialty care referrals because the scheduling process has been updated recently, while the scheduling process for other types of care, such as follow-up appointments, has remained largely unchanged. We also analyzed VHA data on each VAMC's performance on established appointment scheduling timeliness standards for the third quarter of fiscal year 2022, which were the most recent data available at the time of our analysis. We interviewed officials from VHA's Office of Integrated Veteran Care—responsible for establishing scheduling policy and monitoring veterans' access to care at VHA and in the community—about these data and reviewed documentation that detailed how the data are measured and collected. We determined the data were sufficiently reliable for the purpose of providing information on VAMCs' performance on these standards.

Further, we conducted virtual site visits from April through June 2022 with six VAMCs that were selected randomly on the basis of VAMC complexity level and geographic location.¹² We interviewed staff and leadership about their experiences with the appointment scheduling process, oversight of the process, and training. The information we obtained from the virtual site visits is not generalizable to other VAMCs. The six VAMCs we selected were in Montgomery, Alabama; Anchorage, Alaska; Mather (Sacramento), California; Hines, Illinois; East Orange, New Jersey; and San Juan, Puerto Rico. See appendix I for additional details on our objectives, scope, and methodology, including the VAMC site selection process.

¹²The complexity level VHA assigns to a VAMC is determined on the basis of the characteristics of the patient population, clinical services offered, educational and research missions, and administrative complexity of the VAMC. VHA assigns each VAMC one of five complexity levels (ranked from most to least complex): 1a, 1b, 1c, 2, and 3.

We compared VHA's efforts related to specialty care scheduling timeliness standards for VHA facility and community care appointments against Office of Management and Budget guidance and key practices we have identified in our past work.¹³ We also evaluated VHA's efforts to provide training on the scheduling process in the context of leading practices for training implementation, which includes the appropriate identification of employees to receive training.¹⁴

We conducted this performance audit from December 2021 to December 2022 in accordance with generally accepted government auditing standards. Those standards require that we plan and perform the audit to obtain sufficient, appropriate evidence to provide a reasonable basis for our findings and conclusions based on our audit objectives. We believe that the evidence obtained provides a reasonable basis for our findings and conclusions based on our audit objectives.

Background

VHA Appointment Scheduling

There are three primary ways to initiate a request for a veteran's health care, once enrolled in VHA: (1) a veteran-initiated appointment request; (2) a provider request for a follow-up appointment; and (3) a provider referral to specialty care.¹⁵ To receive specialty care, a VHA provider must initiate a request on behalf of the veteran by submitting a referral, which VHA calls a consult.¹⁶ Clinical staff, including providers and nurses, and schedulers at the VAMC review the referral. Then depending on whether the veteran is eligible for community care and that veteran's

¹³See Office of Management and Budget, *Preparation, Submission and Execution of the Budget*, Circular No. A-11, part 6, § 240.3 (Revised August 2022); GAO, *Managing for Results: Practices for Effective Agency Strategic Reviews*, [GAO-15-602](#) (Washington, D.C.: July 29, 2015); and GAO, *Agency Performance Plans: Examples of Practices That Can Improve Usefulness to Decisionmakers*, [GAO/GGD/AIMD-99-69](#) (Washington, D.C.: Feb. 26, 1999).

¹⁴GAO, *Human Capital: A Guide for Assessing Strategic Training and Development Efforts in the Federal Government*, [GAO-04-546G](#) (Washington, D.C.: Mar. 1, 2004).

¹⁵For the purposes of this report, we are focusing the scheduling process for specialty care referrals.

¹⁶VHA policy uses the terms 'consult' and 'referral' when describing requests placed by VHA providers. For the purposes of this report, we will use the term referral. For a limited number of outpatient specialty services, veterans can schedule an initial or follow-up appointment at VHA facilities without a referral from a provider. Veterans can utilize this option for audiology, optometry, and podiatry, among other services.

scheduling preferences, VAMC staff will schedule an appointment either with a VHA provider at a VHA facility or with a non-VHA provider in the community.¹⁷

Community Care

Through the Veterans Community Care Program, which VHA implemented on June 6, 2019 in response to the VA MISSION Act, veterans may choose to obtain health care services from community providers rather than from VHA providers if they qualify.¹⁸ There are six conditions that can qualify a veteran to receive care under the Veterans Community Care Program.¹⁹ For example, veterans may be eligible for community care when the required services are not available at any VHA facility or if VHA cannot provide care within its designated access standards. VHA's designated access standards specify that a veteran may be eligible for community care if their average drive time to a VHA provider is more than 30 minutes for primary care or more than 60 minutes for specialty care; or the next available appointment with a VHA provider is not available within 20 days for primary care or 28 days for specialty care based on the date of the request for care unless a later date has been agreed upon.²⁰

Requirements for Appointment Scheduling

VHA, its regional networks (Veterans Integrated Service Networks (VISN)), and VAMCs all play a role in VHA facility and community care appointment scheduling to help ensure VHA is managing referrals and scheduling appointments in a timely manner.²¹ VHA's scheduling policy establishes the procedures for scheduling medical appointments with VHA providers at VHA facilities and in the community with community

¹⁷In addition to VAMC scheduling on behalf of veterans, as of September 2022, 24 VAMCs were receiving contractor support in scheduling community care appointments. In some cases, veterans may also directly schedule appointments with providers.

¹⁸Pub. L. No. 115-182, tit. I, § 101, 132 Stat. at 1395 (2018) (codified as amended at 38 U.S.C. § 1703).

¹⁹38 C.F.R. §§ 17.4000 - 17.4040 (2022).

²⁰In addition to the six conditions, veterans must either be enrolled in VA health care or eligible for VA care without needing to enroll, and in most circumstances, veterans must receive approval from VHA prior to obtaining care from a community provider. See Pub. L. No. 115-182, tit. I, § 101, 132 Stat. at 1395-1404 (2018) (codified at 38 U.S.C. § 1703(d), (e), and implementing regulations at 38 C.F.R. §§ 17.4000 - 17.4040).

²¹VHA's health care system is divided into 18 areas called VISNs. Each VISN is responsible for managing and overseeing the VAMCs and other VHA facilities within a defined geographic area.

providers, and sets the requirements for staff involved in the scheduling process.²²

Until spring 2022, at the national level, VHA's Office of Veterans Access to Care developed policy and provided oversight of appointment scheduling processes and requirements at VHA facilities, and the Office of Community Care had the same responsibilities for appointments in the community. In spring 2022, VHA merged the two offices to create a new consolidated entity called the Office of Integrated Veteran Care.²³ According to VHA, this new office has assumed responsibility for the activities previously performed by the Office of Veterans Access to Care and the Office of Community Care, and VHA expects that this merger will allow them to better coordinate care and to streamline and simplify their access efforts.

Each VISN is responsible for overseeing policy implementation and the performance of the facilities within its designated region. VAMC directors are responsible for oversight of the facility scheduling and referrals policy, processes, outcomes and regular monitoring of performance on those outcomes, and allocating sufficient resources to manage scheduling, including referrals, to ensure the timely delivery of care. At the VAMC, both VHA clinics—including primary care, mental health, and specialty care clinics—and community care have scheduling staff and supervisors who are responsible on a day-to-day basis for managing the referrals that are entered by VHA providers and coordinating and scheduling veteran care. Referring providers, who are VHA primary care providers, are responsible for entering referrals for specialty care.

²²See for example, Department of Veterans Affairs, *Outpatient Scheduling Management*, VHA Directive 1230 (Washington, D.C.: June 1, 2022); and *Consult Processes and Procedures*, VHA Directive 1232(4) (Washington, D.C.: Aug. 24, 2016, amended Dec. 14, 2021).

²³VHA began realigning staff in the Office of Veterans Access to Care and the Office of Community Care to create the Office of Integrated Veteran Care in April 2022 and completed the realignment in July 2022.

Isakson-Roe Act

The Isakson-Roe Act—enacted on January 5, 2021—included requirements related to the scheduling of veterans’ health care appointments that required VHA to take several actions:²⁴

- **Establish a scheduling process and requirements.** Within 60 days of enactment, the Secretary of VA was required to establish a process and requirements for scheduling health care appointments with VHA providers and community care providers. The Isakson-Roe Act further specified that this process was to account for VHA’s designated access standards under community care and specify the maximum number of days allowed to complete each step of the scheduling process.²⁵
- **Monitor VAMCs’ compliance with the scheduling process.** Within 180 days of enactment, VHA was to develop or maintain a method or tool that would enable it to monitor and ensure compliance with the established appointment scheduling process and requirements, including requirements related to the maximum number of days to complete each step of the process.
- **Train staff on the process and requirements.** VHA was to ensure that each individual involved in scheduling VHA facility and community care appointments certified their understanding of the scheduling process and requirements within a year of enactment. Staff required to certify their understanding included schedulers, clinical coordinators, and supervisors. The Isakson-Roe Act further specified that any new staff involved in the scheduling of appointments are required to undergo training on the scheduling process and

²⁴In addition to the requirements outlined in section 3101, the Isakson-Roe Act had other provisions related to appointment scheduling. Section 3102 required VA to conduct facility-level audits of the scheduling of appointments and management of referrals for VHA facility and community care appointments, and section 3103 focused on the administration of community care. See Pub. L. No. 116-315, tit. III, §§ 3101- 3103, 134 Stat. 4932, 4999-5005 (2021).

²⁵The VA MISSION Act required VA to establish access standards for the purposes of eligibility determinations to receive care in the community through the Veterans Community Care Program. Pub. L. No. 115-182, tit. I, § 104, 132 Stat. 1393, 1409-1412 (2018). VA issued implementing regulations defining VHA’s designated access standards at 38 CFR § 17.4010. VHA’s designated access standards include when the veteran’s average drive time to a VHA provider is more than 30 minutes for primary care or more than 60 minutes for specialty care, or the next available appointment with a VHA provider is not within 20 days for primary care or 28 days for specialty care of the date of request of care unless a later date has been agreed upon. If these standards cannot be met, then the veteran is eligible to receive care in the community.

requirements and certify that they understand the process and requirements.

VHA's Updated Appointment Scheduling Process Relies on Designated Teams to Review Specialty Care Referrals

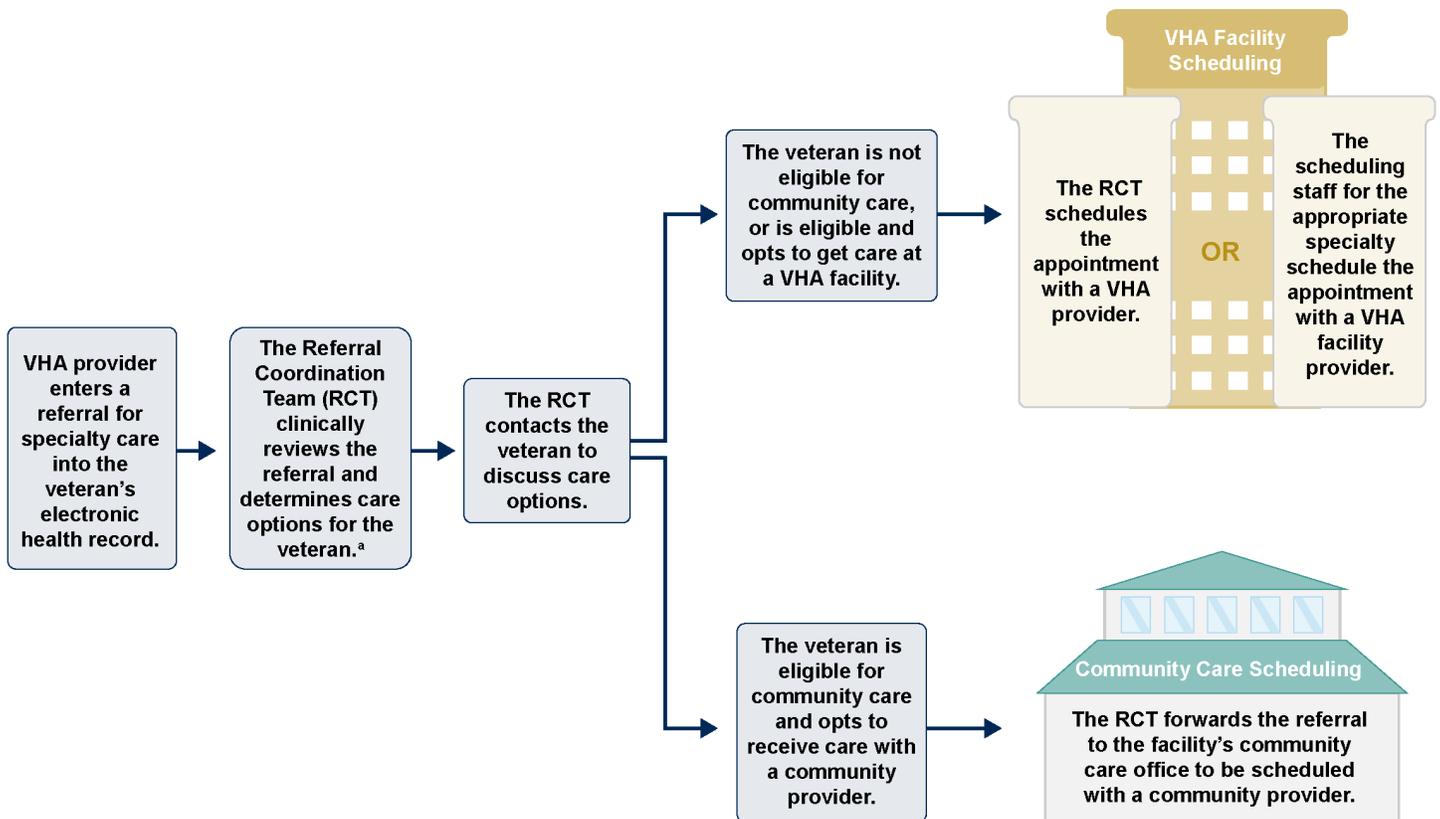
In 2020, VHA updated its process for scheduling appointments internally with VHA providers and with community care providers by establishing a new procedure for reviewing referrals for specialty care, called the Referral Coordination Initiative.²⁶ According to VHA documentation, the Referral Coordination Initiative transitioned specialty care referral review responsibilities for VHA facility and community care appointments from multiple clinical employees to designated referral coordination teams (RCT) at each VAMC.

According to VHA documentation, the Referral Coordination Initiative aims to provide veterans with information on available care options—such as wait times for obtaining care from a VHA provider or from a community care provider, to enable veterans to make informed decisions about their care. The Referral Coordination Initiative also aims to improve scheduling timeliness and reduce administrative burden for referring providers by incorporating steps to ensure that referrals are complete and include all pertinent clinical information before referrals are scheduled within VHA or through community providers.

Under the Referral Coordination Initiative, VHA's updated specialty care scheduling process involves a referring provider—a primary care provider—RCT staff, and scheduling staff, according to VHA documentation. The referral goes through several steps during the scheduling process, including the referral being entered, reviewed, and scheduled (see fig. 1).

²⁶The process for scheduling appointments for other types of care, including the process for new patients and follow-up appointments, remains largely unchanged. See Appendix II for the new patient and follow-up appointment processes.

Figure 1: VHA Specialty Care Appointment Scheduling Process



Source: GAO analysis of Veterans Health Administration (VHA) documentation. | GAO-23-105617

^aThis step includes determining whether the veteran is eligible for community care. If the RCT contacts the veteran to gather missing clinical information, they are to discuss care options with the veteran at that time.

- **VHA provider referral.** When a referring provider determines a veteran needs specialty care, such as an appointment with a cardiologist, the VHA provider enters a referral into the veteran's electronic health record.

-
- **RCT review.** The RCT comprises both clinical and administrative staff who review referrals and schedule appointments.²⁷ First, the RCT completes a clinical review to determine the urgency and appropriateness of the referral and determines potential care options for the veteran, including whether the veteran is eligible for community care.²⁸ Next, the RCT contacts the veteran to discuss care options and preferred dates and times that the veteran would like to schedule an appointment. If the veteran is eligible for community care, the RCT discusses care options at the VAMC and in the community with the veteran, documents the veteran's choice for care, and either schedules the appointment or forwards it to be scheduled, as appropriate.²⁹
 - **Scheduling.** Referrals are either scheduled by the RCT, specialty care schedulers at the VAMC, or by community care schedulers at the VAMC.³⁰ If a veteran is not eligible for community care, or is eligible for community care and chooses to receive care at the VAMC, the appointment is scheduled internally by the RCT or specialty care schedulers. If a veteran is eligible and chooses to get community

²⁷According to VHA's *Referral Coordination Initiative Guidebook*, the ideal RCT clinical staff member is a registered nurse but RCT clinical staff may consist of providers, physician assistants, social workers, or advanced practice registered nurses or nurse practitioners. RCT administrative staff may consist of advanced medical support assistants, medical support assistants, or other clerical administrative roles such as licensed practical nurses, or health care technicians. See Department of Veterans Affairs VHA Office of Integrated Veteran Care, *Referral Coordination Initiative Guidebook* (May 2022).

²⁸Some referrals are excluded from the required RCT clinical review. For example, referrals for services not offered at the VAMC can be sent directly to community care schedulers.

²⁹The RCT also discusses potential appointment modalities with veterans, such as in-person or video appointments.

³⁰Some VAMCs use contractors to schedule at least a portion of community care appointments associated with referrals. In addition, certain veterans are able to schedule their own appointments with community providers.

care, the referral is sent to VAMC staff, who are responsible for contacting community providers to schedule appointments.³¹

Prior to the updated Referral Coordination Initiative process for reviewing specialty care referrals, if a veteran met the eligibility criteria for community care, the referral could be sent directly to the community care scheduler before discussing care options with the veteran. However, it is now a requirement that the RCT review all referrals and discuss care options with each veteran. During the RCT's discussion with the veteran, the RCT communicates all care options and gives eligible veterans the option to receive care at a VAMC or with a community provider. For example, officials at one VAMC we spoke with told us that the wait time for neurology appointments at the VAMC is 35-50 days, resulting in veterans meeting eligibility criteria for community care due to the wait time exceeding 28 days. However, the wait time for neurology appointments in the community is 130-180 days meaning that veterans could actually receive care more quickly at the VAMC.

VHA provided VAMCs with guidance on the different ways they could implement the Referral Coordination Initiative, giving them flexibility. VAMCs have the option of implementing either a centralized, decentralized, or hybrid RCT model, according to VHA officials (see table 1).

³¹Per the VHA minimum scheduling effort policy, schedulers must make a minimum of two contact attempts with veterans using different contact methods; the first can be via telephone, secure message, or email, and the second attempt can also be by letter. After 14 days from the second point of contact, if the veteran cannot be reached, schedulers can disposition the referral, meaning the scheduler discontinues contact attempts and cancels the referral in the system. Some specialties, such as mental health, require additional contact attempts. See Department of Veterans Affairs, *Minimum Scheduling Effort for Outpatient Appointments*, Standard Operating Procedure (January 2022).

Table 1: Veterans Health Administration (VHA) Referral Coordination Initiative Models as of July 2022

Referral Coordination Initiative model	Description	Number of VAMCs
Centralized	One referral coordination team (RCT) at the Department of Veterans Affairs medical center (VAMC) composed of clinical and administrative staff who support multiple specialty care departments, such as cardiology, dermatology, and neurology. Under this model, clinical RCT staff members perform clinical reviews and administrative RCT staff members schedule appointments for VHA facility care. RCT staff forward all community care referrals to the VAMC community care office for scheduling	30
Decentralized	Clinical and administrative RCT staff are embedded within each specialty and each RCT staff member only clinically reviews referrals and schedules appointments for that individual specialty.	79
Hybrid	Use of elements from both a decentralized and centralized model. For example, a hybrid model could include one RCT with centralized clinical reviewers and decentralized schedulers, according to VHA officials.	30

Source: GAO analysis of VHA scheduling policy documentation and VHA officials. | GAO-23-105617

According to VHA guidance, there are several factors, such as availability of resources, that VAMCs should consider when deciding which Referral Coordination Initiative model to implement.³² For example, an official from one VAMC we spoke with told us they chose a decentralized model because the VAMC had nursing and scheduling staff shortages. At the VAMC, providers and nurses from clinical specialties conduct clinical reviews for the RCT and schedulers within each specialty schedule VHA facility appointments. Another VAMC we spoke with hired both clinical nursing staff and schedulers to perform RCT responsibilities, and yet another VAMC is following a hybrid model with the intention of transitioning into a fully centralized Referral Coordination Initiative model. Officials from this VAMC told us that they chose to transition to a centralized model because it is easier to monitor compliance of a centralized team rather than decentralized teams reporting to multiple supervisors.

³²At least one VAMC was already following a referral review process similar to the Referral Coordination Initiative prior to its implementation, according to VAMC officials.

VHA Has Scheduling Timeliness Standards, but Not for When Appointments Should Occur; Most VAMCs Did Not Meet VHA's Community Care Standard

Timeliness Standards Exist for Scheduling Specialty Care Appointments but Not for the Maximum Amount of Time Veterans Should Wait for Care

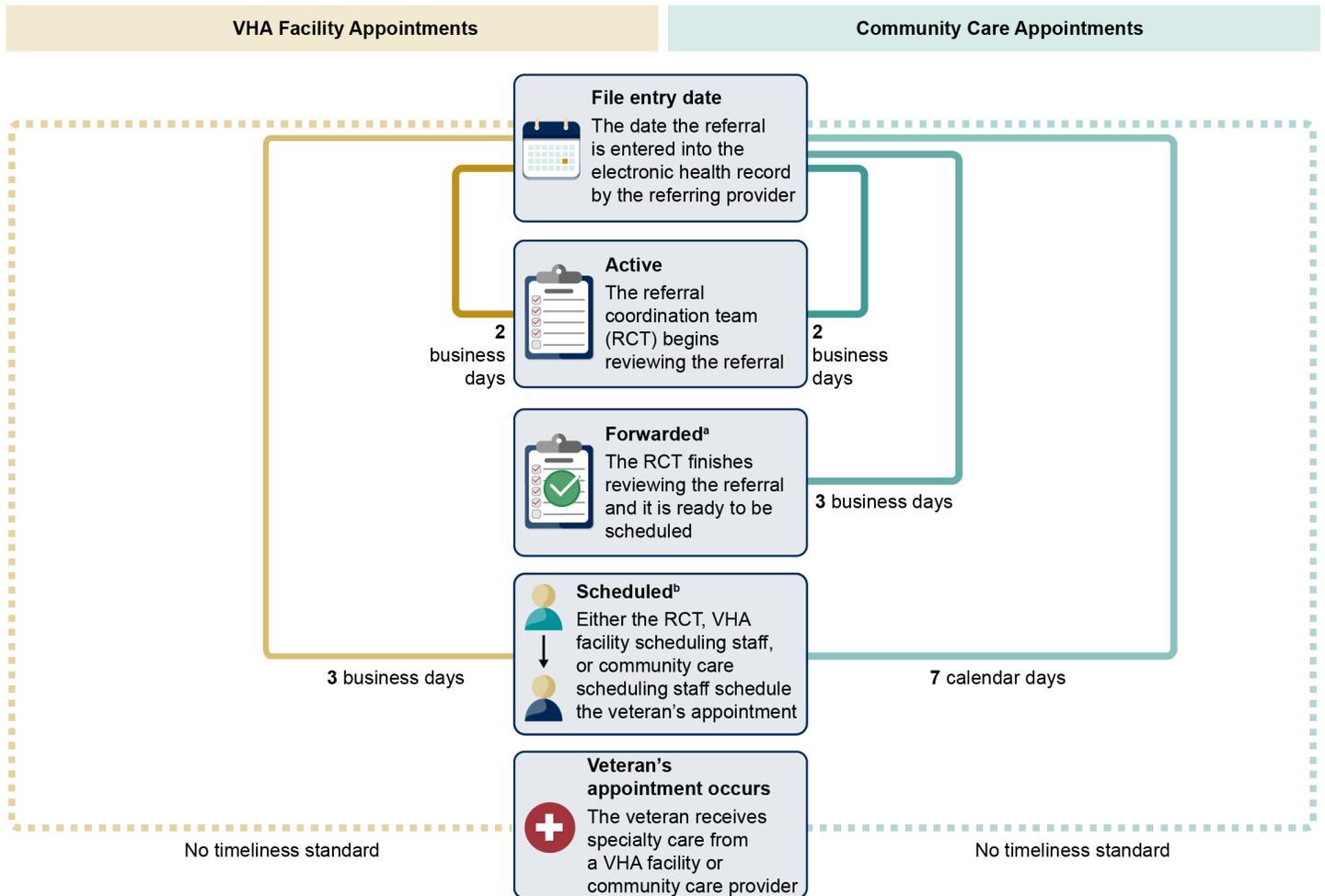
Our review of VHA documentation shows that VHA has established standards that facilities need to meet to ensure the timeliness of scheduling specialty care appointments for VHA facility and community care. These timeliness standards differ for VHA facility appointments and community care appointments.³³ According to VHA policy:

- specialty care appointments at VHA facilities must be scheduled within 3 business days from the date a provider enters a referral into the veteran's electronic health record—known as the file entry date and;
- community care specialty care appointments must be scheduled within 7 days of the file entry date.
- In addition to the overall scheduling timeliness standards, VHA has also established timeliness standards for how long it should take to review referrals, for both VHA facility and community care appointments, as shown in figure 2 below.

However, VHA has not established a timeliness standard specifying the maximum number of days a veteran should have to wait before his or her appointment, for both VHA facility and community care appointments (see fig. 2).

³³VHA outlines timeliness standards for contractors that are separate from the VHA facility and community care timeliness standards. For example, contractors have two business days to accept or reject a referral and appointments must be scheduled within five business days of the date the contractor accepted the referral.

Figure 2: Timeliness Standards for Scheduling VHA Facility and Community Care Referrals, as of September 2022



Source: GAO analysis of Veterans Health Administration (VHA) documentation. | GAO-23-105617

Note: The timeliness standards are not counted cumulatively. For example, internal appointments need to be scheduled within three business days, but the referral needs to be marked as active within two of those business days.

^aThe file entry date to forwarded standard only applies to referrals that need to be forwarded to community care, according to VHA officials.

^bVHA measures referrals timeliness from the file entry date to when the appointment is first scheduled.

VA's strategic plan includes a goal to provide veterans with timely access to care and states that a key component of access is the time it takes to

receive care at a VHA facility and in the community.³⁴ Our previous work on effective management practices has shown the benefit of connecting measurable goals—such as VHA’s goal to provide timely access to care—with measurable outcomes.³⁵ Performance goals communicate the target the agency seeks to achieve within a certain timeframe and performance indicators are measures of the progress the agency is making towards a goal or target.³⁶ However, according to VHA officials, there is no standard for the number of days in which a veteran’s appointment should occur for VHA facility appointments because the department no longer sets goals for how long it should take a veteran to receive care.³⁷ Instead, officials told us that VHA wants staff to focus on the appropriateness of clinical care and the needs of individual veterans.

In 2018 we recommended that VHA establish time frames applicable to community care within which veterans’ (1) referrals must be processed, (2) appointments must be scheduled, and (3) appointments must occur, to help ensure VHA has the ability to monitor whether veterans are receiving timely access to care.³⁸ Although VHA agreed with the recommendation, and implemented the first two components of our recommendation, the agency has not established time frames within which veterans’ appointments must occur. As a result, our recommendation has not yet been fully implemented. In the past, VHA officials have stated concerns with establishing a wait time goal for community care as VHA cannot control how quickly veterans are seen by community care providers. However, in July 2022, VHA officials reported to us that they are working on identifying accurate, appropriate, and achievable measures for the community care program in response to this

³⁴Specifically, VA’s strategic goal is that the department will deliver timely, accessible and high-quality benefits, care and services to meet the unique needs of veterans and all those that VA serves. See Department of Veterans Affairs, *Fiscal Years 2022-2028 Strategic Plan* (Washington, D.C.: 2022).

³⁵[GAO-15-602](#).

³⁶Office of Management and Budget, Cir. No. A-11, at § 240.3.

³⁷Congress had previously set a wait time goal for community care appointments under the Veterans Access, Choice, and Accountability Act of 2014. Veterans were expected to receive care through the Veterans Choice Program, which was VHA’s previous community care program, no more than 30 days from the date an appointment was deemed clinically appropriate or from the date the veteran preferred to receive care.

³⁸[GAO-18-281](#).

recommendation. We are reiterating the importance of this recommendation.

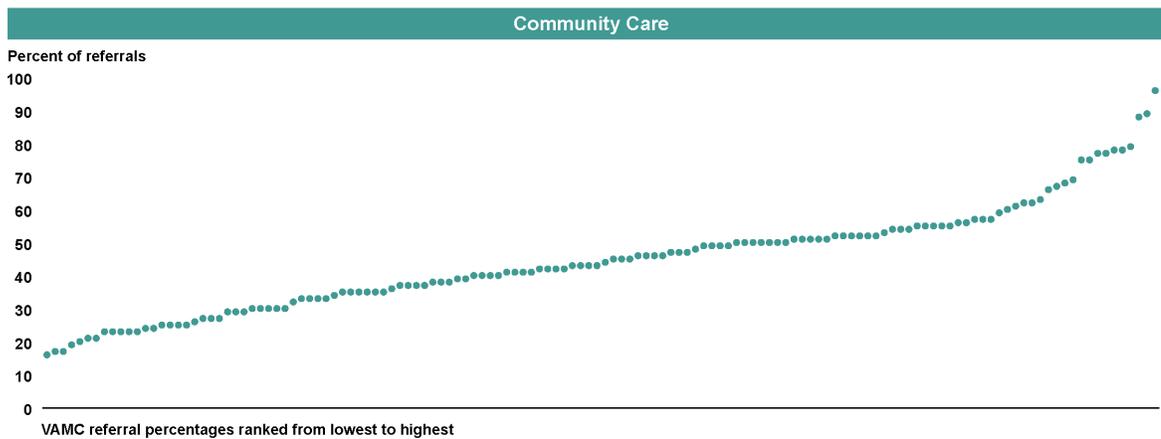
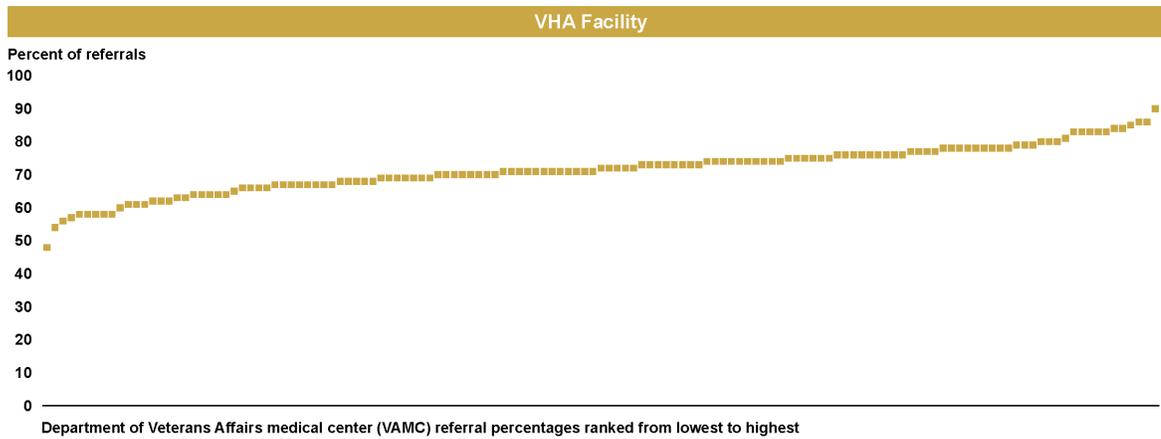
However, even if VHA fully implemented our 2018 recommendation, VHA would still be limited in its ability to assess progress toward its strategic goal of ensuring timely access to care. This is because VHA also lacks a standard specifying the maximum number of days within which veterans' appointments with VHA facility providers should occur. If VHA had a timeliness standard for the number of days in which a veteran's appointment should occur at VHA facilities and through community care, it would allow VHA to measure VAMCs' performance against the standard to determine the extent to which veterans are receiving timely access to specialty care. Furthermore, collecting data on VAMCs' ability to meet this standard would help VHA determine where additional resources or actions may be needed, such as expanding capacity for care at VHA facilities or expanding the community care networks.

Most VAMCs Did Not Meet the Timeliness Standard for Scheduling Community Care Appointments, and VHA's Analysis Used to Create the Standard Was Limited

Our review of VHA appointment scheduling data from the third quarter of fiscal year 2022 indicates that VAMCs performed better scheduling VHA facility appointments in a timely manner in comparison to community care appointments. For VHA facility appointments, VHA's data show that over 90 percent of VAMCs scheduled more than half of their VHA facility appointments within 3 business days during the third quarter of fiscal year 2022. However, most VAMCs were unable to meet the standard VHA has established for scheduling community care appointments. Specifically, less than 40 percent of VAMCs scheduled more than half of their community care appointments within the 7-calendar-day standard and fewer than 10 percent of VAMCs scheduled more than 75 percent of appointments within the standard (see fig. 3).³⁹

³⁹See Appendix III for data on the performance on scheduling timeliness standards by VISN.

Figure 3: Percent of Referrals that Met the 3-business day VHA Facility and 7-day Community Care Timeliness Standards in the Third Quarter of Fiscal Year 2022, by VAMC



Source: GAO analysis of Veterans Health Administration (VHA) data. | GAO-23-105617

Notes: According to VHA officials, these data are primarily for specialty care referrals but include a small portion of primary care referrals.

This figure includes data for 137 VAMCs for VHA facility referrals and 136 VAMCs for community care referrals. The data for VHA facility referrals has 137 VAMCs because VHA only captures data for the VHA clinic in the Manila, Philippines in the VHA facility data.

In September 2022, VHA officials said they recognize that many VAMCs have struggled to meet the 7 day timeliness standard for scheduling community care appointments that VHA implemented by March 2022. VHA officials also told us that because the current standard is based on data analysis that is a few years old—having been conducted between 2020 and 2021—the department is considering conducting another review of the community care timeliness standard. Officials did not have additional details on their plans for an updated analysis.

We found that VHA's 7-day timeliness standard was developed and implemented based on data from a limited number of VAMCs. According to documentation from VHA and interviews with VHA officials, VHA's prior analysis reviewed community care scheduling timeliness data from only 21 VAMCs. Moreover, between December 2020 and February 2021, those 21 VAMCs were among the worst performers—taking longer than 30 days to schedule community care appointments. Officials told us they used results from the review and held internal discussions to develop a phased approach that reduced the number of days VAMCs have to schedule a community care appointment from 21 days of the file entry date starting in the fourth quarter of fiscal year 2021 to 7 days of the file entry date starting at the end of the second quarter of fiscal year 2022.⁴⁰ However, VHA did not have a clear rationale for setting the standard at 7 days and officials were unable to provide documentation that explained the basis for the standard.⁴¹

VHA's use of a limited data set to inform its appointment scheduling timeliness standard is inconsistent with best practices related to performance management. Our previous work on performance management has shown that using baseline and trend data on past performance can provide an agency with a context for drawing conclusions about whether performance goals—such as VHA's goal to schedule community care appointments within 7-days—are reasonable and appropriate.⁴² If VHA conducted a comprehensive analysis of its available baseline and trend data on past performance for community care scheduling timeliness across all VAMCs, it could have a sounder basis for determining whether the standard is achievable or whether revisions to its standard for community care appointments or other adjustments to its scheduling process may be necessary.

⁴⁰This approach also included an interim goal to have community care appointments scheduled within 14 days by the end of the first quarter of fiscal year 2022. VHA also included a goal to schedule community care appointments within three days to eventually align the community care standards with the VHA facility timeliness measures. The timeliness standard of 3 business days for scheduling VHA facility appointments remained unchanged over this time. Prior to developing the phased approach, VHA was monitoring whether 90 percent of community care appointments were scheduled within 30 days of the file entry date.

⁴¹VHA officials also told us that this analysis was also intended to help them identify which VAMCs would benefit from having contractors provide appointment scheduling support.

⁴²[GAO/GGD/AIMD-99-69](#).

VHA Has Implemented New Tools to Monitor Scheduling Timeliness

In response to the Isakson-Roe Act, in August 2021, VHA developed a tool—a dashboard that VHA refers to as the Megabus Scheduling and Consult Management Monitor Tool—to monitor VAMCs’ performance on the scheduling timeliness standards for both VHA facility and community care appointments. According to VHA documentation, the dashboard—which is populated with data from veterans’ electronic health records—can be used by VAMCs to determine the effectiveness of current VAMC operations, observe trends over time, and determine the root causes behind those trends.⁴³ For example, the dashboard, using data from each VAMC, calculates the percentage of VHA facility appointments scheduled within 3 business days of the file entry date.

The dashboard is updated daily and provides VHA a snapshot of VAMCs’ performance on the timeliness standards, according to VHA officials. VAMCs can use the dashboard to compare their performance on the timeliness standards to other VAMCs in their VISN. In addition, officials at four of the six VAMCs we spoke with told us they track their performance on the scheduling timeliness standards locally using this dashboard. According to officials from VHA, VAMCs can also use other available data to monitor performance on the scheduling timeliness standards. In December 2021, VHA reported that all VAMCs had accessed the dashboard.

Furthermore, in June 2022, VHA implemented a new tool to provide field support to individual VAMCs that are performing poorly on both VHA facility and community care appointment scheduling timeliness, according to VHA officials.⁴⁴ Through this tool, alerts are issued for VAMCs whose average number of days from the file entry date to when an appointment is first scheduled for VHA facility and community care increases three months in a row. VHA officials told us that a VHA field support team reviews the alerts every 2 weeks to determine which VAMCs need assistance from VHA, and VAMCs receive varying levels of VHA assistance, if any, depending on the number of alerts issued.⁴⁵ VAMCs

⁴³The data comes from VA’s Corporate Data Warehouse, which is a central clearinghouse that VA has to compile data from across VA’s data systems.

⁴⁴The tool also issues alerts when VAMCs are performing poorly on other measures. For example, the tool issues alerts when the percent of a VAMC’s referrals classified as stat (i.e., urgent) taking more than 48 hours to complete from the file entry date increases three months in a row. In total, VHA is monitoring 20 measures using this tool.

⁴⁵According to VHA officials in August 2022, the agency is modifying the frequency for reviewing the alerts as VHA continues to develop and refine the processes for this oversight.

that have less than four alerts receive no immediate support, and VAMCs with four or more alerts fall into one of four support levels, according to written documentation we received from VHA (see table 2).

Table 2: Veterans Health Administration (VHA) Field Support Engagement Levels

VHA support level	Number of alerts ^a	Field support actions
Level 1 – Low	4-5 alerts	VHA discusses with the Department of Veterans Affairs medical center (VAMC) at bi-weekly field support meeting.
Level 2 – Medium	6-7 alerts	VHA conducts focused review and sends recommendations.
Level 3 – High	8-9 alerts	VHA launches a virtual site engagement process and develops a site action plan.
Level 4 – Urgent	10+ alerts	VHA immediately initiates a virtual and in-person site engagement process and develops a site action plan.

Source: GAO Analysis of VHA oversight documentation. | GAO-23-105617

^aAlerts are issued based on VAMC performance on specific measures, including the scheduling timeliness standards.

VHA initiates virtual site engagement with VAMCs that fall into the high support level, and for VAMCs in the urgent support level, VHA is to immediately initiate both virtual and in-person site support. According to VHA officials, for both virtual and in-person site visits, VHA officials meet with VAMC leadership and collaborate with them to develop a site action plan used to assist sites in completing any actions identified through VHA’s field support. According to VHA officials, as of August 2022, VHA had initiated field support with 15 VAMCs at the medium and high support levels.

According to VHA officials, as of September 2022, VHA is using this effort to provide support to individual VAMCs and VHA does not plan to use data from this effort to evaluate the VHA facility or community care timeliness standards. In addition, due to the recent implementation of this oversight effort, VHA officials told us that they are still updating and making modifications to the tool and how it is used. As a result, the success of this effort is not yet known.

VHA Provides Training to Schedulers, but Does Not Require Providers to Take Training on VHA's Updated Scheduling Process

VHA Provides Training to New and Existing Scheduling Staff on the Scheduling Process for VHA Facility and Community Care Appointments

In response to a requirement in the Isakson-Roe Act, VHA revised its training materials and implemented new training requirements.⁴⁶ VHA facility and community care schedulers and scheduling supervisors were required to complete these requirements between August 10, 2021, and September 30, 2021.⁴⁷ The training materials we reviewed covered the scheduling process for both VHA facility and community care appointments, including information on how the RCT fits into the scheduling process. VHA also incorporated the information from this new training into the mandatory training for new scheduling staff, VHA documentation shows.⁴⁸

Each VAMC director had to certify that the required staff had completed the required training or report any exceptions by September 30, 2021.⁴⁹ According to the memo that VHA sent to VAMCs outlining the new training requirements, any staff who did not complete the training by the deadline were to lose their access to VHA's scheduling systems and

⁴⁶See Pub. L. No. 116-315, tit. III, § 3101(b)(1), 134 Stat. at 5000 (2021).

⁴⁷VHA's scheduling systems include the Veterans Health Information Systems and Technology Architecture system, which is VHA's scheduling system for appointments at VHA facilities, and community care's HealthShare Referral Manager. Community care staff at VAMCs use HealthShare Referral Manager to manage community care referrals.

⁴⁸New staff must complete training before they are given access to VHA's scheduling systems. Officials at five of the six VAMCs we spoke with said that new schedulers typically receive additional training or support after they are placed in a VHA clinic or the community care office.

⁴⁹Each VAMC also was responsible for reporting training completion for the schedulers and scheduling supervisors at other VHA facilities connected to the VAMC, such as VHA community-based outpatient clinics.

therefore their ability to schedule VHA facility or community care appointments.⁵⁰

According to VHA officials, all VAMCs submitted certifications stating required staff had either completed the necessary training, or had an exception, by September 30, 2021. Exceptions to training completion that VAMC directors cited in the certifications we reviewed for the six VAMCs we spoke with included staff who were on extended leave and staff who had transferred to another VAMC, among other reasons. Officials at three of the six VAMCs in our review said that they only had to remove access to VHA's scheduling systems in limited instances. For example, staff who had access to the appointment scheduling system but rarely scheduled appointments, such as providers, or staff who were on extended leave had access removed. Some of the exceptions VAMCs reported in September were temporary. Accordingly, in December 2021, VHA officials followed-up with 27 VAMCs that still had active scheduling staff, less than 100 schedulers in total, who had not completed the training by the initial deadline to confirm that they had since completed the training.⁵¹

VHA Has Developed Training on the Updated Scheduling Process for Providers, but the Training Is Not Required

In May 2022, VHA developed additional Referral Coordination Initiative training materials for RCT staff and other stakeholders—such as referring providers—that were shared with VAMCs.⁵² According to the *Referral Coordination Initiative Guidebook*, these materials were developed to provide the necessary training for each individual with a role in the scheduling process. These new training materials include a guide, which outlines the Referral Coordination Initiative and scheduling process step-by-step and who is responsible for each step. They also include role-based training curriculums that are tailored to what referring providers who enter referrals and providers on RCTs who conduct the clinical review of referrals need to understand about their role in the updated

⁵⁰If staff completed the training after losing their access, they could have their access to the systems restored.

⁵¹As of January 2022, there were approximately 35,800 schedulers across VHA, which included both VHA facility and community care schedulers.

⁵²In addition to curriculums for providers, VHA also developed role-based training curriculums that target the learning needs of other staff based on their RCT or stakeholder role, including RCT administrative staff, and all VHA staff.

scheduling process.⁵³ As part of these curriculums VHA developed new training courses, including a “Referral Coordination Initiative Overview” course and a course titled “A Day in the Life of a Referral Coordination Team Member”.

In addition to the new training VHA developed in May 2022, VHA officials said that new resident trainees receive some referral management training when they first start working at a VAMC. However, there is no required training for other providers. VHA officials said that they expect to require training for providers when an updated VHA directive on referral processes and procedures is released, which as of September 2022, officials anticipated would be by the end of the year.⁵⁴

However, VHA officials told us that they do not plan to require referring providers or providers who are RCT clinical reviewers to utilize the new training materials. According to VHA officials, they highly encourage VAMCs to assign the new training to staff, but that this is ultimately at the discretion of the VAMCs. Officials at the six VAMCs we spoke with reported varying levels of familiarity with the new training materials and how they planned to utilize them. For example, at one VAMC, an official was unaware of the new training materials; while officials from another VAMC said that they planned to include the materials when training new RCT members and planned to inform current staff that this training is available. Moreover, it is unclear when the new training course for providers that VHA officials told us will coincide with release of the directive will be available, since the time frame VHA officials have given us for the expected release of the new directive has been repeatedly delayed during the course of our review.

Staff at five of the six VAMCs we spoke with reported experiencing challenges with providers related to the updated scheduling process. For example, a clinical RCT member at one VAMC we spoke with said that the biggest challenge the RCT has is that referring providers do not know about the RCT. This can result in referrals not being routed through the RCT for review before they go to community care. At another VAMC,

⁵³As described earlier in this report, 1) referring providers, who are VHA primary care providers, enter referrals for specialty care, and 2) a provider who is a clinical RCT member, reviews referrals for the RCT. VAMCs that cannot assign dedicated staff, such as nurses, may utilize providers as clinical reviewers for the RCT.

⁵⁴The directive currently in place was published in 2016 and last updated in December 2021. See Department of Veterans Affairs, *Consult Processes and Procedures*, VHA Directive 1232(4) (Washington, D.C.: Aug. 24, 2016, amended Dec. 14, 2021).

community care officials reported receiving referrals from the RCT with missing information on veterans' preferences, or clinical information, such as lab results or imaging studies. These community care officials said that referrals forwarded to them with these gaps result in the need for back and forth communication with the RCT or referring provider, affecting their ability to schedule an appointment with a community provider in a timely manner. Further, according to officials at another VAMC, referrals are sometimes incomplete because providers serving as clinical reviewers are not utilizing certain tools, such as the Decision Support Tool, that they should use during their review of the referral, and that they are working to address this with providers.⁵⁵

Both referring providers and providers who are clinical reviewers for the RCT have important roles in the scheduling process, so it is essential that they understand the process and their responsibilities.⁵⁶ If VHA were to require both types of providers to take the Referral Coordination Initiative training that it developed in May 2022 and track their completion of the training it would help VHA to ensure that providers have the information they need to carry out their responsibilities and help ensure timely access to care. For example, if referring providers had the Referral Coordination Initiative training it could reduce the amount of back and forth communication between the RCT or community care staff with the referring provider; reducing the time needed for the scheduling process. In addition, if providers who are responsible for the clinical review of referrals for the RCT had training it could help ensure that the necessary clinical details, such as lab results are captured before a referral is forwarded to community care to be scheduled. This, in turn, could help improve community care's appointment scheduling timeliness. As providers' current duties include roles in the scheduling process, requiring such training would also be consistent with leading practices. GAO's guide on leading practices for assessing federal government training

⁵⁵According to VHA officials, if the clinical reviewer contacts the veteran, they are supposed to fill out the Decision Support Tool to document the veteran's care options at VHA and in the community, and if eligible for community care, whether the veteran is electing to receive care at VHA or in the community. If the clinical reviewer does not contact the veteran, an administrative RCT member is responsible for using this tool to update the referral with this information.

⁵⁶VHA's *Referral Coordination Initiative Implementation Guidebook*, which provides guidance to staff, states that ensuring that facility staff understand the role of RCTs in the referral process is a key part of implementing the Referral Coordination Initiative and recommends that staff be cross-trained in the referral and scheduling processes for both VHA facilities and community care.

indicates that a leading practice is for the agency to consider the suitability and timeliness of who is selected to receive training given employees' current duties and existing skills and competencies.⁵⁷

Conclusions

VHA has faced longstanding challenges with scheduling VHA facility and community care appointments as well as ensuring veterans' timely access to care. Since 2020, VHA has taken steps to update its appointment scheduling process for specialty care referrals—including providing veterans with more information about their options for care, creating new tools for oversight, and developing training for schedulers. However, VHA faces continued challenges in developing an appointment scheduling process that will provide veterans with timely access to care.

In 2018, as part of our review of the Veterans Choice Program—which was a precursor to the current community care program—we recommended that VHA develop an appointment scheduling process for community care with related time frames, including a time frame within which appointments must occur. We maintain that it is important to establish this time frame and reiterate that VHA should fully implement this recommendation. Having such a standard in place for community care appointments, as well as a corresponding standard for VHA appointments at VHA facilities, would help ensure that veterans are receiving timely access to specialty care at VHA facilities and in the community. If VHA developed such a standard, officials could use the data to measure how long it is taking veterans to receive care and to identify where VHA could target additional resources or attention, such as expanding capacity for care at VHA facilities or expanding community care networks to help ensure timely access to care.

Additionally, VHA has taken the important step of developing timeliness standards for the number of days it should take to schedule a VHA facility or community care appointment. Going forward, analyzing scheduling data from all VAMCs could help ensure that the standard VHA develops for community care is sound. Further by requiring VAMCs to implement training for referring providers and RCT clinical reviewers, VHA could help ensure that they are familiar with all steps in VHA's appointment scheduling process, thereby helping to avoid errors or delays in scheduling appointments for veterans.

⁵⁷See [GAO-04-546G](#), 49-50.

Addressing these challenges would give VHA an opportunity to mitigate continued concerns about veterans' access to care and improve VAMCs' ability to schedule appointments for specialty care within time frames that are both achievable and consistent with VHA's timeliness standards for the care veterans receive at VHA facilities and in the community.

Recommendations for Executive Action

We are making the following three recommendations to VA:

The Undersecretary for Health should develop a timeliness standard for the number of days within which veterans' appointments with VHA facility providers should occur. (Recommendation 1)

The Undersecretary of Health should conduct a comprehensive analysis of appointment scheduling data from all VAMCs to determine whether the community care timeliness standards are achievable and revise them as necessary. (Recommendation 2)

The Undersecretary of Health should require referring providers and RCT clinical reviewers to complete the role-based Referral Coordination Initiative training that VHA developed and track completion of the training to ensure familiarity with its updated scheduling process for VHA facility and community care appointments. (Recommendation 3)

Agency Comments

We provided a draft of this product to VA for review and comment. In its comments, reproduced in appendix IV, VA concurred with our recommendations, and identified steps it is taking to implement them.

We are sending copies of this report to the Secretary of Veterans Affairs, appropriate congressional committees, and other interested parties. This report is also available at no charge on the GAO Web site at <http://www.gao.gov>.

If you or your staff have any questions about this report, please contact me at (202) 512-7114 or silass@gao.gov. Contact points for our Offices of Congressional Relations and Public Affairs are on the last page of this report. GAO staff who made major contributions to this report are listed in appendix V.

A handwritten signature in black ink, appearing to read "Sharon Silas". The signature is fluid and cursive, with the first name "Sharon" and the last name "Silas" clearly distinguishable.

Sharon M. Silas
Director, Health Care

Appendix I: Objectives, Scope, and Methodology

Our objectives for this report were to 1) describe the Veterans Health Administration's (VHA) updated appointment scheduling process for specialty care provided at VHA facilities and through community care; 2) examine VHA's appointment scheduling timeliness standards for specialty care; 3) examine how VHA oversees Department of Veterans Affairs medical centers (VAMC) to help ensure adherence to scheduling timeliness standards; and 4) examine VHA's efforts to provide training on the updated scheduling process. For the purposes of this report, we focused on the scheduling process for specialty care referrals, which includes mental health referrals, for both VHA facility and community care appointments.¹

To describe VHA's updated appointment scheduling process for specialty care provided at VHA facilities and through community care,

- we reviewed relevant VHA documentation detailing appointment scheduling policy requirements, roles, and responsibilities, including VHA directives, standard operating procedures, *the Referral Coordination Initiative Guidebook*, the *Office of Community Care Field Guidebook*, and a March 2021 report to Congress that the Department of Veterans Affairs (VA) was required to submit in response to the Johnny Isakson and David P. Roe, M.D. Veterans Health Care and Benefits Improvement Act of 2020 (Isakson-Roe Act).² Specifically, we reviewed the VHA directives on outpatient scheduling and consult (i.e., referral) processes and VHA's related

¹According to VHA officials, referrals for primary care account for only a small portion of referrals. See appendix II for information on how new patients access care at VHA, and the scheduling of return-to-clinic orders (i.e., follow-up appointments).

²See Pub. L. No. 116-315, tit. III, § 3103(b)(2), 134 Stat. 4932, 5004-5005 (2021). According to the *Referral Coordination Initiative Guidebook*, the Referral Coordination Initiative is an initiative to improve scheduling timeliness through the creation of referral coordination teams at VAMCs that are responsible for reviewing referrals and communicating with veterans about their health care options. Department of Veterans Affairs, *Report on Process and Requirements for Scheduling Appointments for Health Care from Department of Veterans Affairs and Non-Department Health Care* (Mar. 2021).

standard operating procedures on topics such as consult timeliness and minimum scheduling effort.³

- We interviewed officials from VHA's Office of Integrated Veteran Care—which is responsible for establishing scheduling policy and monitoring veterans' access to care at VHA and in the community—about the appointment scheduling process, including the policy and requirements for scheduling VHA facility and community care appointments, and implementation of the Referral Coordination Initiative.
- At six VAMCs selected randomly on the basis of facility complexity and geographic location, we also interviewed VAMC leadership, VHA facility scheduling supervisors and schedulers, community care scheduling supervisors and schedulers, and staff from Referral Coordination Teams (RCT) about their experiences with the appointment scheduling process and the implementation status of the Referral Coordination Initiative and use of RCTs. Details on the process we used to select the six VAMCs are at the end of this appendix under the heading "VAMC Selection Criteria".

To examine VHA's appointment scheduling timeliness standards for specialty care,

- we reviewed relevant VHA documentation detailing appointment scheduling policy requirements, including VHA's directives on outpatient scheduling and consult processes, VHA's standard operating procedure and fact sheet on consult timeliness, the *Referral Coordination Initiative Guidebook*, and the *Office of Community Care Field Guidebook*.
- We interviewed Office of Integrated Veteran Care officials about requirements for the appointment scheduling process, including the established timeliness standards and data available for scheduling VHA facility and community care appointments.

³Minimum scheduling effort refers to the number of contact attempts and methods (e.g., phone, letter, etc.) a scheduler must make when trying to reach a veteran to schedule an appointment. See Department of Veterans Affairs, *Outpatient Scheduling Management*, VHA Directive 1230 (Washington, D.C.: June 1, 2022); *Consult Processes and Procedures*, VHA Directive 1232(4) (Washington, D.C.: Aug. 24, 2016, amended Dec. 14, 2021); *Consult Timeliness*, Standard Operating Procedure (Aug. 16, 2022); and *Minimum Scheduling Effort for Outpatient Appointments*, Standard Operating Procedure (January 2022).

- At the six selected VAMCs, we interviewed VAMC officials about VAMC’s appointment scheduling process and its associated timeliness standards.
- We compared VHA’s efforts related to appointment scheduling timeliness standards against Office of Management and Budget guidance and key practices we have identified in our past work.⁴
- Furthermore, we analyzed VHA data on VAMCs’ performance on the VHA’s appointment scheduling timeliness standards for the third quarter of fiscal year 2022, which was the most recent data available at the time of our analysis. This included data on the percentage of referrals at each VAMC and within each VISN that met VHA’s timeliness standards for the scheduling of a VHA facility or community care appointment.⁵
- We conducted interviews with VHA officials responsible for these data and reviewed documentation related to how the data are measured and collected. We determined the data were sufficiently reliable for the purpose of providing information on VAMCs’ performance on these standards.

To examine how VHA oversees VAMCs to help ensure adherence to scheduling timeliness standards,

- we reviewed relevant VHA documentation detailing their oversight of appointment scheduling policy requirements, including VHA directives on outpatient scheduling and consult processes, VHA’s standard operating procedure and fact sheet on consult timeliness, the *Referral Coordination Initiative Guidebook*, the *Office of Community Care Field Guidebook*, and a December 2021 VA report to Congress on the

⁴See Office of Management and Budget, *Preparation, Submission and Execution of the Budget*, Circular No. A-11, part 6, § 240.3 (Revised August 2022); GAO, *Managing for Results: Practices for Effective Agency Strategic Reviews*, [GAO-15-602](#) (Washington, D.C.: July 29, 2015); and GAO, *Agency Performance Plans: Examples of Practices That Can Improve Usefulness to Decisionmakers*, [GAO/GGD/AIMD-99-69](#) (Washington, D.C.: Feb. 26, 1999)

⁵We present summary level data in the body of the report. Appendix III presents the data by VISN.

method it was using to monitor compliance with the scheduling process.⁶

- We also reviewed documentation for some of the tools that VHA has developed for oversight, including information on the dashboard on appointment scheduling timeliness standards that VHA developed in response to the Isakson-Roe Act as well as information about the field support that the Office of Integrated Veteran Care provides to VAMCs that do not meet appointment scheduling timeliness standards.⁷
- We interviewed Office of Integrated Veteran Care officials about the activities they undertake to review VAMCs' performance on the established timeliness standards for scheduling VHA facility and community care appointments, the reports and dashboards they have developed for oversight of the scheduling process, including the activities of RCTs.
- At each of the six selected VAMCs, we interviewed VAMC officials about the oversight they conduct to ensure that the VAMC is adhering to the timeliness standards associated with the appointment scheduling process. Specifically, we asked them about the reports and data they use to conduct their own oversight of the appointment scheduling process as well as the oversight they are subject to from the Office of Integrated Veteran Care.

To examine VHA's efforts to provide training on the updated scheduling process,

- we reviewed VHA documentation relevant to training on the VHA facility and community care appointment scheduling process. Specifically, we reviewed a VHA memo outlining the training requirements VHA developed in response to the Isakson-Roe Act, follow-up emails from VHA officials to VAMCs regarding training

⁶Department of Veterans Affairs, *Congressionally Mandated Report: Report on Use of Method to Monitor Compliance with Processes and Requirements for Scheduling Appointments for Health Care from Department of Veterans Affairs and non-Department Health Care* (Dec. 2021). See Pub. L. No. 116-315, tit. III, § 3103(b)(2), 134 Stat. 4932, 5004-5005 (2021).

⁷Within 180 days of enactment of the Isakson-Roe Act, VA was to develop a method or tool that would enable the Department to monitor of compliance with the scheduling process and requirements for VHA facility and community care appointments. See Pub. L. No. 116-315, tit. III, § 3101(c), 134 Stat. at 5000-5001 (2021).

completion, VAMC-submitted training attestation forms, and training materials for the Referral Coordination Initiative.⁸

- We interviewed Office of Integrated Veteran Care officials about the training requirements for VHA facility and community care schedulers, scheduling supervisors, referring providers, and members of the RCTs on the scheduling process.
- At the six selected VAMCs, we interviewed VAMC officials about the training that staff receive, including their experiences with the training VHA developed in response to the Isakson-Roe Act.
- We evaluated VHA’s training in the context of leading practices for training implementation, which includes the appropriate identification of employees to receive training.⁹

VAMC Selection Criteria

To collect information for all of our objectives, we conducted virtual site visits from April through June 2022 with six VAMCs.¹⁰ To ensure a balanced sampling of VAMCs we considered two criteria in making our random selection of six VAMCs.

- **VAMC complexity level:** VHA assigns each VAMC one of five complexity levels (ranked from most complex to least complex): 1a, 1b, 1c, 2, and 3.¹¹ For the purposes of selection, we consolidated these complexity levels into three groups. We grouped all level 1a, 1b, and 1c facilities together into a “High” complexity group, all level 2 facilities into a “Medium” complexity group, and all level 3 facilities into a “Low” complexity group.
- **Geographic location:** VHA’s healthcare system is divided into 18 regional Veterans Integrated Service Networks (VISN) that are responsible for managing and overseeing the VAMCs within their defined area. To simplify site selection while maintaining geographic

⁸Within a year of enactment of the Isakson-Roe Act VA was to ensure that each individual involved in scheduling VHA facility and community care appointments certified their understanding of the scheduling process and requirements and that any new scheduling staff would also receive training on the process and requirements. See Pub. L. No. 116-315, tit. III, § 3101(b), 134 Stat. at 5000 (2021).

⁹GAO, *Human Capital: A Guide for Assessing Strategic Training and Development Efforts in the Federal Government*, [GAO-04-546G](#) (Washington, D.C.: Mar. 1, 2004).

¹⁰For our virtual site visits, we conducted all interviews with VAMC officials via videoconference.

¹¹The complexity level VHA assigns to a VAMC is determined on the basis of the characteristics of the patient population, clinical services offered, educational and research missions, and administrative complexity of the VAMC.

diversity, we consolidated the 18 VISNs into four groups that correspond to the four U.S. Census regions: Northeast, South, Midwest, and West (see table 3).

Table 3: Veterans Integrated Service Networks (VISN) Grouped by U.S. Census Regions

U.S. Census Region	Corresponding VISN
Northeast	1, 2, 4
South	5, 6, 7, 8, 9, 16, 17
Midwest	10, 12, 15, 23
West	19, 20, 21, 22

Source: GAO analysis of Veterans Health Administration and U.S. Census Bureau information. | GAO-23-105617.

Using the VAMC complexity level and geographic location criteria, we created six groups from which to randomly select sites. We prioritized selecting high complexity level facilities across all four U.S. Census regions, due to the higher patient volume and the extent of specialty care offered at high complexity facilities. We also randomly selected one medium complexity facility and one low complexity facility. See table 4 for the sites that we randomly selected from each group. The information we obtained from the virtual site visits is not generalizable to other VAMCs.

Table 4: Department of Veterans Affairs Medical Centers (VAMC) Randomly Selected from Site Selection Groups

Site selection group (Census region/VAMC complexity level)	Total number of VAMC in group	Percentage of all VAMC	VAMC selected for virtual visit ^a	Location
Northeast/high complexity	12	9	East Orange	East Orange, NJ
South/high complexity	38	28	San Juan	San Juan, PR
Midwest/high complexity	16	12	Edward Hines, Jr. Hospital	Hines, IL
West/high complexity	17	13	Sacramento	Mather, CA
All medium complexity	21	16	Central Alabama - Montgomery	Montgomery, AL
All low complexity	30	22	Anchorage	Anchorage, AK

Source: GAO analysis of Veterans Health Administration and U.S. Census Bureau information. | GAO-23-105617.

^aIn many areas of the country, VAMCs and clinics may work together to offer services to veterans as a “health care system” in an effort to provide more efficient care. Several of the VAMCs we selected are part of a health care system: East Orange (New Jersey), San Juan (Caribbean), Sacramento (Northern California), Montgomery (Central Alabama), and Anchorage (Alaska). Some health care systems include more than one VAMC, so for the purposes of site selection, we included only the primary VAMC—called the parent station—in our selection. For this reason, we had a total of 134 VAMCs across our six site selection groups.

Appendix II: Appointment Scheduling Scenarios Other Than for Specialty Care Referrals

Veterans Health Administration (VHA) New Patient Appointment Scheduling

Enrollment is generally the earliest step in VHA's scheduling process. If a veteran is not already receiving care through VHA, the veteran must submit an application to enroll before they can schedule a primary care or specialty care appointment.¹ VHA's Health Eligibility Center processes applications and determines eligibility, and the new enrollee appointment request coordinators manage the new enrollee process at the Department of Veterans Affairs medical centers (VAMC). VHA requires veterans' enrollment applications be processed within five business days of receipt. After an application is fully processed and a veteran is eligible, a new enrollee scheduler must initiate scheduling within three business days. A minimum of two contact attempts must be made to the new enrollee and documented in the new appointment request system. If no contact is made by phone, a letter must be mailed out, with a wait of 14 calendar days for a response. If no response is received from the veteran within the 14-day period, the veteran's request is cancelled in the scheduling system.

VHA Follow-Up Appointment Scheduling

After a veteran has received care, if the provider determines that the veteran needs to return for a follow-up appointment, the provider enters what VHA refers to as a return to clinic order. The return to clinic order is entered prior to the veteran leaving the appointment and should specify scheduling instructions, including the patient indicated date, which is the date the patient and provider have agreed the patient should be seen, and whether the appointment can be a virtual appointment.

VHA facility schedulers are responsible for scheduling return to clinic orders.² The scheduler can schedule the appointment when the veteran is checking out, or give the veteran the option to be contacted for scheduling closer to the patient indicated date. If a veteran does not check out after an appointment, the scheduler must initiate contact to schedule the return to clinic order within 2 business days of the provider

¹Veterans complete VA Form 10-10EZ, Application for Health Benefits, in-person at a VHA facility, by mail, by phone, or online.

²According to VHA officials, referral coordination teams do not clinically review return to clinic orders before scheduling efforts are conducted because the Referral Coordination Initiative is only applicable to new referrals for specialty care.

**Appendix II: Appointment Scheduling
Scenarios Other Than for Specialty Care
Referrals**

entering the return to clinic order. If the contact attempt is unsuccessful, the scheduler follows the minimum scheduling effort policy.³

Established patients can also request appointments online for primary care, mental health, and some specialties. There are specific specialties, such as audiology, optometry, and podiatry, that participate in self-scheduling, allowing veterans to schedule an appointment at a VHA facility without a return to clinic order or referral.

³Per VHA's minimum scheduling effort policy, schedulers must make a minimum of two contact attempts using different contact methods; the first can be via telephone, secure message, or email, and the second attempt can also be by letter. After 14 days from the second contact attempt, if the veteran cannot be reached, schedulers can disposition the return to clinic order, meaning the scheduler discontinues contact attempts and cancels the return to clinic order in the system. Some specialties, such as mental health, require additional contact attempts.

Appendix III: Veterans Health Administration (VHA) Data on VHA Facility and Community Care Scheduling Timeliness

Table 5: Percentage of VHA Facility and Community Care Referrals That Met Appointment Scheduling Timeliness Standards and Average Number of Days to Schedule, Third Quarter Fiscal Year 2022, by VISN

Veterans Integrated Service Network (VISN) ^a	VHA Facility Referrals		Community Care Referrals	
	File entry date to scheduled within 3 business days ^b	Average number of business days from file entry date to scheduled ^c	File entry date to scheduled within 7 calendar days ^b	Average number of calendar days from file entry date to scheduled ^c
Northeast				
VISN 1	70.7%	7.0	45.0%	17.5
VISN 2	66.9%	6.6	40.9%	23.2
VISN 4	73.7%	4.8	56.7%	12.0
South				
VISN 5	71.6%	7.7	43.8%	22.5
VISN 6	69.1%	6.9	30.8%	28.5
VISN 7	74.9%	5.6	26.7%	33.7
VISN 8	74.2%	5.2	46.6%	15.0
VISN 9	77.3%	6.3	36.6%	22.0
VISN 16	71.5%	6.9	36.9%	22.1
VISN 17	68.2%	8.1	43.1%	20.4
Midwest				
VISN 10	72.4%	5.6	51.4%	17.0
VISN 12	69.8%	7.0	44.5%	19.2
VISN 15	71.0%	5.9	44.5%	16.0
VISN 23	74.6%	6.4	44.4%	18.0
West				
VISN 19	61.6%	11.6	29.0%	31.1
VISN 20d	67.1%	12.2	34.5%	27.3
VISN 21	71.4%	6.1	38.7%	24.1
VISN 22	72.4%	6.2	38.8%	18.7

Source: GAO analysis of Veterans Health Administration (VHA) data on scheduling timeliness. | GAO-23-105617

Note: According to VHA officials, these data are primarily for specialty care referrals but do include a small portion of primary care referrals. Data from the third quarter of fiscal year 2022 (April 1, 2022, through June 30, 2022) were the most recent quarterly data available at the time of our analysis.

^aVHA's healthcare system is divided into 18 regional VISNs that are responsible for managing and overseeing the VA medical centers (VAMC) within their defined area. Due to past consolidation and reorganization of the VISNs there are no longer VISNs numbered 3, 11, 13, 14, or 18. In the table, each VISN is also grouped with the U.S. Census region its' boundaries predominantly fall within.

^bVHA measures referral timeliness from the file entry date to when the appointment is first scheduled. Only referrals with a patient indicated date, which is the date the patient and provider have agreed the patient should be seen, that is less than or equal to 90 days from the file entry date were used to calculate this percentage. In addition to referrals with appointments scheduled, the percentage reported here also includes referrals that were closed within this time frame. A referral could be closed if for example, it is determined that the care is no longer needed or if the referral became an e-

**Appendix III: Veterans Health Administration
(VHA) Data on VHA Facility and Community
Care Scheduling Timeliness**

consult where a provider reviewed the veteran's electronic medical record or information in the referral to provide a response in-lieu of scheduling an appointment.

³VHA measures referral timeliness from the file entry date to when the appointment is first scheduled. The overall average across all VAMCs for the number of days to schedule was 6.7 business days for VHA facility referrals and 21.9 calendar days for community care referrals during the third quarter of fiscal year 2022.

⁴Data for the Spokane, WA and Walla Walla, WA VAMCs are excluded from the VISN 20 calculations because they had implemented VHA's new electronic health record before the third quarter of fiscal year 2022.

Appendix IV: Comments from the Department of Veterans Affairs



DEPARTMENT OF VETERANS AFFAIRS
WASHINGTON

December 9, 2022

Ms. Sharon M. Silas
Director
Health Care
U.S. Government Accountability Office
441 G Street, NW
Washington, DC 20548

Dear Ms. Silas:

The Department of Veterans Affairs (VA) has reviewed the Government Accountability Office (GAO) draft report: ***VETERANS HEALTH CARE: VA Actions Needed to Ensure Timely Scheduling of Veterans' Specialty Care Appointments*** (GAO-23-105617).

The enclosure contains the action plan to address the draft report recommendations. VA appreciates the opportunity to comment on your draft report.

Sincerely,

A handwritten signature in blue ink that reads "Tanya J. Bradsher".

Tanya Bradsher
Chief of Staff

Enclosure

Enclosure

Department of Veterans Affairs (VA) Comments to
Government Accountability Office (GAO) Draft Report,
***VETERANS HEALTH CARE: VA Actions Needed to Ensure Timely Scheduling of
Veterans Specialty Care Appointments***
(GAO-23-105617)

Recommendation 1: The Department of Veterans Affairs Under Secretary for Health should develop a timeliness standard for the number of days within which veterans' appointments with VHA facility providers should occur.

VA Response: Concur. As part of the Veterans Health Administration's Office of Integrated Veteran Care (IVC) realignment, the team is developing a standard approach to access metrics and reporting. IVC will assess the feasibility of a timeliness standard with key stakeholders.

Target Completion Date: July 2023

Recommendation 2: The Department of Veterans Affairs Under Secretary for Health should conduct a comprehensive analysis of appointment scheduling data from all VAMCs to determine whether the community care timeliness standards are achievable and revise them as necessary.

VA Response: Concur. IVC acknowledges the need to revisit the existing Community Care (CC) timeliness standards. To address this issue, IVC will establish an appointment scheduling team to conduct an analysis of the CC timeliness standards and develop recommendations. Once the analysis is completed and identified revisions are approved by leadership, appropriate directives and standard operating procedures will be updated. The target completion date has been set to allow for the establishment of the team, completion of the analysis and the development of pertinent documentation.

Target Completion Date: July 2023

Recommendation 3: The Department of Veterans Affairs Under Secretary for Health should require referring providers and RCT clinical reviewers to complete the role-based Referral Coordination Initiative training that VHA developed and track completion of the training to ensure familiarity with its updated scheduling process for VHA facility and community care appointments.

VA Response: Concur. IVC agrees with ensuring appropriate providers undergo relevant training. IVC will analyze the trainings currently available to determine an appropriate mandatory training curriculum for referring providers and clinical team members and identify specific expectations for their training requirements.

Target Completion Date: July 2023

Department of Veterans Affairs
December 2022

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Appendix V: GAO Contact and Staff Acknowledgments

GAO Contact

Sharon M. Silas, (202) 512-7114 or silass@gao.gov

Staff Acknowledgments

In addition to the contact named above, Michael Zose (Assistant Director), Alison Goetsch (Analyst-in-Charge), Lauren Anderson, and Audrey Blumenfeld made key contributions to this report. Also contributing were Jennie Apter, Cynthia Khan, Jacquelyn Hamilton, Geovana Mendoza, and Roxanna Sun.

Related GAO Products

Veterans Community Care Program: VA Took Action on Veterans' Access to Care, but COVID-19 Highlighted Continued Scheduling Challenges, [GAO-21-476](#). Washington, D.C.: June 28, 2021.

Veterans Community Care Program: Improvements Needed to Help Ensure Timely Access to Care, [GAO-20-643](#). Washington, D.C.: September 28, 2020.

Veterans Health Care: Opportunities Remain to Improve Appointment Scheduling within VA and through Community Care, [GAO-19-687T](#). Washington, D.C.: July 24, 2019.

Veterans Choice Program: Improvements Needed to Address Access-Related Challenges as VA Plans Consolidation of its Community Care Programs, [GAO-18-281](#). Washington, D.C.: June 4, 2018.

Veterans Health Administration: Opportunities Exist for Improving Veterans' Access to Health Care Services in the Pacific Islands, [GAO-18-288](#). Washington, D.C.: April 12, 2018.

VA Health Care: Actions Needed to Improve Newly Enrolled Veterans' Access to Primary Care, [GAO-16-328](#). Washington, D.C.: March 18, 2016.

VA Mental Health: Clearer Guidance on Access Policies and Wait-Time Data Needed, [GAO-16-24](#). Washington, D.C.: October 28, 2015.

VA Health Care: Management and Oversight of Consult Process Need Improvement to Help Ensure Veterans Receive Timely Outpatient Specialty Care, [GAO-14-808](#). Washington, D.C.: September 30, 2014.

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